THE TEN TERRAINS OF consciousness

THE TERRAINS OF FAMOUS PEOPLE IN HISTORY

Allen David Reed & Tahnee Woolf

Terrain Mapping Series

The Terrains of Famous Historical Figures
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INTRODUCTION

The 'Ten Terrains of Consciousness' Model was co-created by Allen David Reed and Tahnee Woolf after many years of research and observation of our world. It is rooted deeply in ancient esoteric wisdom and modern scientific understanding.

This booklet reveals the Terrains of Consciousness of famous people throughout history. This is a fascinating list! However, the Ten Terrains Model is not only interesting, but it can also help YOU in your life.

By becoming familiar with the Ten Terrains Model you will be able to **UNDERSTAND YOURSELF BETTER.** Discover why you make the choices you make, why you face the challenges you face and why you live the life you live.

Learning the Ten Terrains Model will help you to better **UNDERSTAND YOUR RELATIONSHIPS WITH OTHERS.** Discover why you get along with some people, can't seem to see eye to eye with others and end up in conflict with more.

Learning the Ten Terains Model will help you to finally **UNDERSTAND THE STATE OUR WORLD IS IN.** Discover why we live in the culture we do, why we have the political systems we have, why people in power make the decisions they make, and what the 'shift' that is happening in our world right now really is.

By coming to understand this Model of the Ten Terrains of Consciousness deeply, you will have both a **tool** to make sense of what is happening in your own life and in the world around you, and a **language** with which to describe it and discuss it with others. And you will have a **map** to guide you along your spiritual evolutionary path.

WHAT IS A TERRAIN OF CONSCIOUSNESS?

A Terrain of Consciousness is essentially a person's core operating system. It lies beneath all their perceptions, beliefs, thoughts and actions, creating their reality. It is the basis for their entire relationship with life.

There are ten Terrains of Consciousness in total:

MATTER based (PARTICLE)	FAITH based (RADIAL)	WILL based (PYRAMID)	ORDER based (SQUARE)	REFLECTION based (DIAMOND)
CONNECTION based (CIRCLE)	COHERENCE based (SPIRALI)	FRACTAL based (TOROIDI)	UNITY based (INFINITY)	VOID based (NO-THING)

All ten Terrains are of equal value; none of them is better than any other. Each Terrain brings with it important gifts, lessons and challenges.

A person's Terrain can change over time, as they evolve and expand. A change in Terrain brings about a total change in the person's perceptions, beliefs, thoughts and actions. The ten Terrains span a Continuum of growth from 'separation' to 'faith in a higher power' to 'free will' to 'selfless duty' to 'unique expression' to 'heart connection' to 'inner truth' to 'universal truth' to 'Oneness' and ultimately to 'Being'.

Not only do individuals move across this Continuum of Terrains, but groups, cultures and civilizations do too. Both individually and collectively, the Continuum of Terrains is humanity's spiritual journey of evolution.

IN THIS BOOKLET, you will find the names and pictures of famous historical figures, each listed according to their Terrain of Consciousness.

It should be noted that we are listing each person's Terrain at the period in their life for which they are most well known. They may have been at a different Terrain prior to that period or after it, for example during their childhood or elderly years. We do not list their Terrain during these lesser known periods of their life.

If we have listed a person under two or more Terrains, this means they are well known for different stages in their life, and were at a different Terrain in each stage. (We indicate such people with an asterix *.)

This booklet reflects the distribution of humanity across the Continuum of Terrains. This is why we have listed greater numbers of famous people at the middle range of Terrains than at the Terrains on either end of the Continuum.

This booklet of famous figures tells a visual story of the ten Terrains of Consciousness. It reveals humanity's spiritual journey of evolution along the Continuum of Terrains.

Enjoy this fascinating journey through history!

PS: After discovering the Terrains of all these famous historical people, you may want to find out YOUR Terrain! Make sure to do our **Terrain Analysis** questionnaire online to discover your Terrain. It comes with a full Report about your Terrain, a Guide how to live with ease and success at your Terrain, and a powerful bundle of Materials to teach you all about the Ten Terrains Model.

THE MATTER-BASED TERRAIN (Particle)

We have not found any famous historical figures at the Matter-Based Terrain. There are very few people living at this Terrain and such people do not rise to fame as they are in such a state of separation that they are focused simply on survival and on staying alive moment to moment.

To learn more about the Matter-Based Terrain (Particle) read our book 'Introducing The Ten Terrains Of Consciousness'

THE FAITH-BASED TERRAIN (Radial)

There are few famous historical figures at the Faith-Based Terrain because most people at Radial lead private lives of fanatical devotion rather than living in the public eye. In addition, as history tends to be re-written by the victors, many of the religious leaders at Radial remain largely unknown. The few historical figures we have found at the Faith-Based Terrain are mostly religious zealots, theologians, or rulers who believed themselves to have divine power.

To learn more about the Faith-Based Terrain (Radial) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT RADIAL

St Augustine of Hippo
(354 - 43 AD)
Early Christian Theologian

Ch'in Shih Huang-Ti
(260 - 210 BC)
First Chinese Emperor

Queen Elizabeth I
(1533 - 1603)
Queen of England

Pope Saint Clement I
1st Century AD
Early Catholic Pope

Imhotep
(2650 - 2600 BC)
Egyptian High Priest

Martin Luther
(1483 - 1546)
German Theologian

Muhammad ibn Abd al-Wahhab
(1703 - 1792)
Sunni Muslim Fundamentalist

Paul the Apostle
(1st Century AD)
Early Christian Apostle

Ramesses II
The Great
(1279 - 1213 BC)
Egyptian Pharaoh

Eleazar ben Simon
(1st Century AD)
Jewish Zealot Leader

Simon the Zealot
(St Simon the Apostle)
(1st Century AD)
Early Christian Apostle

THE WILL-BASED TERRAIN (Pyramid)

Most of the famous figures we have found at the Will-Based Terrain were rulers and monarchs bent on conquest, monopoly and empire. Others we are including here were rebels against the establishment, rock stars, heroes of competitive sports, media moguls, drug lords, gangsters and entertainers with mafioso roots. What they all have in common is that they saw the world as a jungle; saw themselves as masters of their own destiny; sought power, wealth and domination; and were driven by ego.

To learn more about the Will-Based Terrain (Pyramid) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT PYRAMID

Alexander the Great
(356 BC - 323 BC)
Ancient Greek King

Amenhotep III
(1417 - 1379 BC)
Egyptian King

Idi Amin (Dada)
(1925 - 2003)
President of Uganda

Caesar Augustus
(63 BC - 14 AD)
Founder of the Roman Empire

Atilla the Hun
(406 - 453 AD)
Hun Military Leader

Billy the Kid
(1859/61 - 1881)
American Outlaw

Osama Bin Laden
(1957 - 2011)
Islamic Sunni Leader

Marcus Brutus
(85 - 42 BC)
Roman Politician

Julius Caesar
(100 - 44 BC)
Roman General

Caligula
(Gaius Caesar)
(12 - 41 AD)
Roman Emperor

Al Capone
(1899 - 1947)
American Mobster

Wilt Chamberlain
(1936 - 1999)
American Basketball Legend

Winston Churchill
(1874 - 1965)
British Prime Minister

Steve Clark
(1960 - 1991)
American Guitarist in band Deff Leppard

* Cleopatra
(69 - 30 BC)
Egyptian Pharaoh
(At Pyramid when she first ruled Egypt)

John Dillinger
(1903 - 1934)
American Gangster

Joe DiMaggio
(1914 - 1999)
American
Baseball Hero

Pablo Escobar
(1949 - 1993)
Columbian Drug Lord

Amado Carrillo Fuentes
(1956 - 1997)
Mexican Drug Lord

Colonel Gadaffi
(1942 - 2011)
Prime Minister
of Libya

Geronimo
(1829 - 1909)
Apache Indian Leader

Samuel Goldwyn
(1879 - 1974)
Hollywood Film Producer

John Gotti
(1940 - 2002)
Crime Syndicate Leader

Che Guevara
(1928 - 1967)
Argentine Marxist Revolutionary

Henry VIII
(1491 - 1547)
King of England

Adolf Hitler
(1889 - 1945??)
Chancellor of Nazi Germany

Jesse James
(1847 - 1882)
American Wild West Outlaw

Ned Kelly
(1854 - 1880)
Australian Outlaw

Genghis Khan
(1162 - 1227)
Founder of the Mongol Empire

Louis B. Mayer
(1884 - 1957)
Hollywood Film Producer

Benito Mussolini
(1883 - 1945)
Italian Fascist Prime Minister

Nero
(37 AD - 68 AD)
Roman Emperor

Ovid
(43 BC - 17 AD)
Roman Poet

Pol Pot
(1925 - 1998)
Cambodian Communist Political Leader

Babe Ruth
(1895 - 1948)
American
Baseball Hero

Shaka Zulu
(1787 - 1828)
Monarch of the Zulu
Kingdom, South Africa

Frank Sinatra
(1915 - 1998)
American Singer
& Actor

Spartacus
(109 - 71 BC)
Thracian Gladiator &
Rebel Slave Leader

Joseph Stalin
(1878 - 1953)
Premier of the
Soviet Union

Sun Tzu
(544 - 496 BC)
Chinese Military
Leader

Ivan The Terrible
(Ivan IV Vasilyevich)
(1530 - 1584)
Russian Tsar

Queen Victoria
(1819 - 1901)
British Monarch

Lev Yashin
(1929 - 1990)
Soviet Soccer Player

William The
Conqueror
(1028 - 1087)
King of England

THE ORDER-BASED TERRAIN (Square)

Here is a representative selection of famous historical figures at the Order-Based Terrain, from many different walks of life. These include political heads of State, monarchs, industrialists, actors, musicians, writers, artists and philosophers. The thread they have in common is that they were all paragons of the State - representing order, security, tradition and conservatism.

To learn more about the Order-Based Terrain (Square) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT SQUARE

Aesop
(620 - 546 BC)
Ancient Greek Storyteller

Aristophanes
(446-386 BC)
Ancient Greek Playwright

Neil Armstrong
(1930 - 2012)
American Astronaut

Jane Austen
(1775 - 1817)
English Novelist

William Blake
(1757 - 1827)
English Poet

Enid Blyton
(1897 - 1968)
English Children's Writer

Humphrey Bogart
(1899 - 1957)
American Movie Actor

Marlon Brando
(1924 - 2004)
American Movie Actor

James Brown
(1933 -2006)
American Singer

Charlie Chaplin
(1889 - 1977)
American Movie Actor

Oliver Cromwell
(1599 - 1658)
English Political Leader

Charles De Gaulle
(1890 - 1970)
President of France

Dwight D. Eisenhower
(1890 - 1969)
American President

Napoleon Bonaparte
(1769 - 1821)
French Military Leader

Leonid Brezhnev
(1906 - 1982)
Soviet Political Leader

Andrew Carnegie
(1835 -1919)
American Industrialist

Cicero
(106 - 43)
Roman Statesman

Miles Davis
(1926 - 1991)
American Jazz Musician

Frederick Douglass
(1818 - 1895)
American Abolitionist Orator

Judy Garland
(1922 - 1969)
American Movie Actress

Indira Gandhi
(1917 - 1984)
Indian Prime Minister

Catherine The Great
(1729 - 1796)
Emperor of Russia

Johannes Gutenberg
(1398 - 1468)
German Printer

Rita Hayworth
(1918 - 1987)
American Movie Actress

Katharine Hepburn
(1907 - 2003)
American Movie Actress

Charlton Heston
(1923 - 2008)
American Movie Actor

Buddy Holly
(1936 - 1959)
American Singer

Grace Kelly
(1929 - 1982)
American Movie Actress & Princess of Monaco

Rudyard Kipling
(1865 - 1936)
English Writer

Ray Kroc
(1902 - 1984)
American Restaurant Entrepeneur

Vivien Leigh
(1913 - 1967)
British Movie Actress

Vladimir Lenin
(1870 - 1924)
Russian Communist Revolutionary Leader

Abraham Lincoln
(1809 - 1865)
American President

Karl Marx
(1818 - 1883)
German Philosopher

THE TEN TERRAINS OF CONSCIOUSNESS

Ho Chi Minh
(1890 - 1969)
Vietnamese Communist Revolutionary Leader

* Marilyn Monroe
(1926 - 1962)
American Movie Star
(At Square in the early part of her career)

L. M. Montgomery
(1874 - 1942)
Canadian Author

Florence Nightingale
(1820 - 1910)
English Founder of Modern Nursing

Richard Nixon
(1913 - 1994)
American President

Laurence Olivier
(1907 - 1989)
English Stage & Screen Actor

Gregory Peck
(1916 - 2003)
Movie Actor, USA

Plutarch
(45 AD - 120 AD)
Greek Historian

* Elvis Presley
(1935 - 1977)
Entertainer, USA
(At Square during the 1950s and 'early 60s)

Franklin D. Roosevelt
(1882 - 1945)
American President

Jean Jacques Rousseau
(1712-1778)
Swiss Philosopher

Adam Smith
(1723 - 1790)
Scottish Philosopher

Sophocles
(496 - 406 BC)
Greek Dramatist

James Stewart
(1908 - 1997)
American Movie Actor

Patrick Swayze
(1952 - 2009)
American Movie Actor

Margaret Thatcher
1925 - 2013
British Prime Minister

J.R.R. Tolkien
(1892 - 1973)
English Writer

Leo Tolstoy
(1828 - 1910)
Russian Writer

Leon Trotsky
(1879 - 1940)
Russian Marxist Revolutionary

Harry S. Truman
(1884 - 1972)
American President

Sam Walton
(1918 - 1992)
American Entrepreneur

Mao Zedong
(1893 - 1976)
Founder of the People's Republic of China

THE REFLECTION-BASED TERRAIN (Diamond)

There are many more famous historical figures at the Reflection-Based Terrain than at any other Terrain. This is because fame and notoriety are far more important to people at Diamond, since Diamond is a Terrain of reflected identity.

Those who attain fame at this Terrain tend to be the Diamond 'Innovators' rather than the 'Adopters'. We have listed a representative sample of these here, according to which type of Innovator they were: Technological, Social Systems, Cultural or Lifestyle Innovator. All of these Diamond Innovators shared a passion for progress, originality, ingenuity and freedom; sought to influence their times; and were progressive thinkers driven by intellect.

To learn more about the Reflection-Based Terrain (Diamond) read our book 'Introducing The Ten Terrains Of Consciousness'

1. Diamond Technological Innovators

Alexander Bell
(1847 - 1922)
American Inventor

Christopher Columbus
(1451 - 1506)
Genoese Explorer

Francis Crick
(1916 - 2004)
English Molecular Biologist

Marie Curie
(1867 - 1934)
American Research Scientist

Charles Darwin
(1809 - 1882)
British Naturalist

Leonardo Da Vinci
(1452 - 1519)
Italian Polymath
*Also a Cultural Innovator

Thomas Edison
(1847 - 1931)
American Inventor

Albert Einstein
(1879-1955)
German Theoretical Physicist

Euclid of Alexandria
(365 - 275 BC)
Ancient Greek Mathematician

Henry Ford
(1863 - 1947)
American Automotive Entrepreneur

Galileo Galilei
(1564 - 1642)
Italian Physicist

Edwin Hubble
(1889 - 1953)
American Astronomer

Johannes Kepler
(1571 - 1630)
German Astronomer

Alfred Nobel
(1833 - 1896)
Swedish Chemist

Louis Pasteur
(1822 - 1895)
French Chemist & Microbioligist

Pythagoras
(571 - 495 BC)
Ancient Greek Mathematician

Carl Sagan
(1934 - 1996)
American Astronomer

The Wright Brothers
(Orville 1871 - 1948, Wilbur 1867 - 1912)
American Aviation Pioneers

2. Diamond Social Systems Innovators

Susan B. Anthony
(1820 - 1906)
American Women's Rights Activist

Aristotle
(384 - 322 BC)
Ancient Greek Philosopher

* Cleopatra
(69 - 30 BC)
Egyptian Pharoah
(At Diamond when she was with Mark Antony)

Princess Diana
(1961 - 1997)
Princess of Wales, British Royal Family

Emily Dickinson
(1830 - 1886)
American Poet

Thomas Jefferson
(1743 - 1826)
American President

Steve Jobs
(1955 - 2011)
American Entrepreneur

Martin Luther King Jr.
(1929 - 1968)
African-American Civil Rights Activist

Nelson Mandela
(1918 - 2013)
South African President

Harvey Milk
(1930 - 1978)
American Gay Rights Activist

Paul Newman
(1925 - 2008)
American Actor & Humanitarian
*Also a Cultural Innovator

Isaac Newton
(1643 - 1727)
English Physicist & Mathematician
*Also a Technological Innovator

Friedrich Nietzsche
(1844 - 1900)
German Philologist & Philosopher

George Orwell
(1903 - 1950)
English Novelist

Tom Paine
(1737 - 1809)
American Founding Father

Rosa Parks
(1913 - 2005)
African-American Civil Rights Activist

Plato
(428 - 347 BC)
Ancient Greek Philosopher

Carl Rogers
(1902 - 1987)
American Humanistic Psychologist

George Washington
(1732 - 1799)
First American President

Oscar Wilde
(1854 - 1900)
Irish Writer

3. Diamond Cultural Innovators

Dante Alighieri
(1265 - 1321)
Italian Poet

Ludwig van Beethoven
(1770 - 1827)
German Composer

Johnny Cash
(1932 - 2003)
American Singer-Songwriter

Coco Chanel
(1883 -1971)
French Fashion Designer

James Dean
(1931 -1955)
American Movie Actor

Walt Disney
(1901 - 1966)
American Animation Industry Magnate

Alfred Hitchcock
(1899 - 1980)
American Film Director

Michael Jackson
(1958 - 2009)
American Pop Singer

John Keats
(1795 - 1821)
English Romantic Poet

John F. Kennedy
(1917 - 1963)
American President

* John Lennon
(1940 - 1980)
Singer/Songwriter, UK
(At Diamond when he was in the Beatles)

* Marilyn Monroe
(1926 - 1962)
Movie Star, USA
(At Diamond from 1954 onwards)

Wolfgang Amadeus Mozart
(1756 - 1791)
Austrian Composer

* Elvis Presley
(1935 - 1977)
American Entertainer
(At Diamond during his comeback career in the late 1960s and the '70s)

Elizabeth Taylor
(1932 - 2011)
American Movie Actress

Vincent van Gogh
(1853 - 1890)
Dutch Painter

Robin Williams
(1951 - 2014)
American Actor & Comedian

Pablo Picasso
(1881 - 1973)
Spanish Painter & Artist

Rembrandt
(1606 - 1669)
Dutch Painter

Mark Twain
(1835 - 1910)
American Author

Andy Warhol
(1928 - 1987)
American Artist

Frank Llyod Wright
(1867 - 1959)
American Architect

4. Diamond Lifestyle Innovators

F.M. Alexander
(1869 - 1955)
Australian Founder of The Alexander Technique

Dr. Robert Atkins
(1930 - 2003)
American Creator of

Milton Erickson
(1901 - 1980)
American Psychiatrist & Hypnotherapist

Erik Erikson
(1902 - 1994)
German Developmental Psychologist

Sigmund Freud
(1856 - 1939)
Austrian Pioneer of Psychoanalysis

Dr. Max Gerson
(1881 - 1959)
German Cancer Treatment Pioneer

Dr. William Howard Hey
(1866 - 1940)
American Food Combining Pioneer

Dr. Samuel Hahnemann
(1755 - 1843)
German Founder of Homeopathy

Napoleon Hill
(1883 - 1970)
American Success Writer

Jack LaLanne
(1914 - 2011)
American Fitness Inventor

Dr. Benedict Lust
(1872 - 1945)
German Founder of Naturopathy

Daniel David Palmer
(1845 - 1913)
Canadian Founder of Chiropractic Medicine

Ivan Pavlov
(1849 - 1936)
Russian Physiologist

Joseph Pilates
(1883 - 1967)
German Founder of the Pilates Method

Dr. Norman Vincent Peale
(1898 - 1993)
American Minister & Positive Thinking Expert

Dr. Benjamin Spock
(1903 - 1998)
American Pediatrician & Parenting Author

B.F. Skinner
(1904 - 1990)
American Psychologist & Behaviorist

Ann Wigmore
(1909 - 1993)
Lithuanian Holistic Health Practitioner

THE CONNECTION-BASED TERRAIN (Circle)

There were many Celtic, druidic, pagan and matriarchal leaders at the Connection-based Terrain, but their names have been lost to history. The figures we are listing here at Circle include indigenous leaders, conservationists, natural scientists, landscape architects, naturalists, alternative health pioneers, healers, charity workers, shamans, writers, poets, musicians, artists and philosophers. What they all have in common is a deep connection to the Web Of Life and to their own Heart.

To learn more about the Connection-Based Terrain (Circle) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT CIRCLE

Dr. Edward Bach
(1886 - 1936)
British Homepath

Boudica
(1st Century AD)
Welsh Celtic
Tribal Queen

Thomas Berry
(1914 - 2009)
Cosmologist &
Eco-Theologian

David Brower
(1912 - 2000)
American
Environmentalist

* Guatama Buddha
(~480 - 400 BC)
Indian Sage
(Shifted to Circle as a young man when he left his life of luxury to follow the ascetic path)

Diviciacus
(1st Century BC)
Celtic Druid Leader

Marilyn Ferguson
(1938 - 2008)
American New Age Author

Dian Fossey
(1932 - 1985)
American Primatologist

Ralph Waldo Emerson
(1803 - 1882)
American Transcendentalist Poet

Erasmus
(1466 - 1536)
Dutch Humanist

Benjamin Franklin
(1706 - 1790)
American Inventor & Statesman

Hiawatha
(13th Century AD)
Iriquoi Confederacy Co-Founder

Aldous Huxley
(1894 - 1963)
English Writer

Emily Kame Kngwarreye
(1910 - 1996)
Australian Aboriginal Artist

Jean-Baptiste Lamarck
(1744 - 1829)
French Naturalist

* John Lennon
(1940 - 1980)
Singer/Songwriter, UK
(At Circle when he was married to Yoko Ono)

Henry Wadsworth Longfellow
(1807 - 1882)
American Romantic Poet

Wangari Maathai
(1940 - 2011)
Kenyan Envinromental Leader

Bob Marley
(1945 - 1981)
Jamaican Reggae Singer-Songwriter

Gabriel García Márquez
(1927 - 2014)
Colombian Novelist

Chico Mendes
(1944 - 1988)
Brazillian Environmentalist

Janet Mentgen
(1938 - 2005)
American Founder of Healing Touch

Claude Monet
(1840 - 1926)
French Impressionist Painter

John Muir
(1838 - 1914)
Scottish-American Naturalist

Arne Dekke Eide Naess
(1912 - 2009)
Norwegian Philosopher Environmentalist

Albert Namatjira
(1902 - 1959)
Australian Aboriginal Artist

Frederick Law Olmsted
(1822 - 1903)
American Landscape Architect

William Ricketts
(1898 - 1993)
Australian Sculptor

Virginia Satir
(1916 - 1988)
American Family Therapy Pioneer

Victor Schauberger
(1885 - 1958)
Austrian Biomimicry Water Scientist

Chief Seattle
(1780 - 1866)
Native American Chief

Raimundo Irineu Serra
(1892 - 1971)
Brazillian Founder of Santo Daime religion

Mother Teresa
(1910 - 1997)
Albanian Missionary

Henry David Thoreau
(1818 - 1872)
American author & philosopher

THE COHERENCE-BASED TERRAIN (Spiral)

At the Coherence-Based Terrain we are including famous historical figures from a variety of walks of life, including consciousness researchers, energy healers, past life specialists, martial arts masters, alternative health pioneers, spiritual leaders, prophets, peacemakers, writers, poets, artists, psychologists, and philosophers. What they have in common is a knowing of their own Self as a multidimensional Being and a commitment to full internal coherence and integrity on all levels.

To learn more about the Coherence-Based Terrain (Spiral) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT SPIRAL

Joan Of Arc
(1412 - 1431)
French Heroine & Saint

Dolores Canon
(1931 - 2014)
Past Life Hypnotherapist

Adelle Davis
(1904 - 1974)
American Nutritionist

Deganawida (The Great Peacemaker)
(13th Century)
Iroquois Confederacy Co-Founder

Harry Edwards
(1893 - 1976)
British Spiritual Healer

Masaru Emoto
(1943 - 2014)
Japanese Water Researcher & Author

THE TEN TERRAINS OF CONSCIOUSNESS

Moshe Feldenkrais
(1904 - 1984)
Israeli Physicist & Founder of the Feldenkrais Method

Mahatma Gandhi
(1869 - 1948)
Indian Independence Leader

Kahlil Gibran
(1883 - 1931)
Lebanese Writer

Willis W. Harman
(1919 - 1997)
US Consciousness Researcher

Heraclitus
(535 - 475 BC)
Ancient Greek Philosopher

Hippocrates
(460 - 370 BC)
Ancient Greek Physician

Carl Jung
(1875 - 1961)
Swiss Psychiatrist

*** Jesus of Nazareth**
(~7BC - ~30 AD)
Central Figure of Christianity
(At Spiral when he gave the Sermon On The Mount)

Kalidasa
(5th Century AD)
Classical Sanskrit Poet

Mary Magdalene
(8BC - 63 AD)
Christian Saint

Mani
(216 - 274 AD)
Iranian Gnostic Prophet

Abraham Maslow
(1908 - 1970)
American Psychologist

Michelangelo
(1475 - 1564)
Italian Renaissance Sculptor & Painter

Moses
(1391 - 1271 BC)
Egyptian Prophet, Author of The JewishTorah

* Jetsun Milarepa
(1052 - 1135)
Tibetan Yogi & Poet
(At Spiral during his lifetime)

* Paolo Veronese
(1528 - 1588)
Italian Renaissance Painter
(At Spiral during his lifetime)

Zhang Sanfeng
(12th Century AD)
Chinese Taoist, Founder of Tai Chi Chuan

Paul Twitchell
(1908 - 1971)
American Founder of Eckankar Religion

Morihei Ueshiba
(1883 - 1969)
Japanese Founder of Aikido

Alan Watts
(1915 - 1973)
English Alternative Philosopher

* Padre Pio
(1887 - 1968)
Italian Catholic Friar & Saint
(At Spiral when he received the visible stigmata)

Plotinus
(204 - 270 AD)
Greek Philosopher

Rudolf Steiner
(1861 - 1925)
Austrian Educational Reformer

Socrates
(469 - 399 BC)
Ancient Greek Philosopher

Swami Vivekananda
(1863 - 1902)
Indian Hindu Vendanta Monk

Richard Wilhelm
(1873 - 1930)
German Sinologist

THE FRACTAL-BASED TERRAIN (Toroid)

There are many famous figures at the Fractal-Based Terrain who have had a profound impact on our world. We have included here mathematicians, phycisists, astronomers, inventors, alchemists, occultists, yogis, sages, mystics, spiritual leaders, writers, poets, philosophers and more. They all shared a profound embodied awareness of the Universal Principles and Laws that operate in our universe, as well as a deep trust in life.

To learn more about the Fractal-Based Terrain (Toroid) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT TOROID

Douglas Adams
(1952 - 2001)
English Writer

Archimedes
(287 - 212 BC)
Ancient Greek Mathematician

Sri Aurobindo
(1872 - 1950)
Indian Philosopher & Yogi

Sir Francis Bacon
(1561 - 1626)
English Philosopher & Statesman

Helena Blavatsky
(1831 - 1891)
Russian Philosopher, Founder of Theosophy

David Bohm
(1917 - 1992)
American Theoretical Phyisict

* Guatama Buddha
(~480 - 400 BC)
Indian Sage
(At Toroid when he attained enlightnment)

Confucius
(551 - 479 BC)
Ancient Chinese Philosopher

Nicolaus Copernicus
(1473 - 1543)
Prussian Astronomer

John Dee
(1527 - 1609)
English Alchemist & Mathematician

Alexander Everett
(1921 - 2005)
English Personal Development Pioneer

Buckminster Fuller
(1895 - 1983)
American Architect & Inventor

Dr. David R. Hawkins
(1927 - 2012)
American Psychiatrist & Spiritual Teacher

* Jesus of Nazareth
(~7BC - ~30 AD)
Central Figure of Christianity
(At Toroid when he walked on water)

John Keely
(1837 - 1898)
American Inventor

Jiddu Krishnamurti
(1895 - 1986)
Indian Mystic & Philosopher

* Lao-Tzu
(604 - 531 BC)
Ancient Chinese Philosopher
(At Toroid during his lifetime)

Paracelsus
(1493 - 1541)
Swiss German Physician & Occultist

Wilhelm Reich
(1897 - 1957)
American Psychoanalyst

Rumi
(1207 - 1273)
Persian Poet & Sufi Mystic

Walter Russell
(1871 - 1963)
American Polymath

Ernest Rutherford
(1871 - 1937)
British Physicist

Nikola Tesla
(1856 - 1943)
Serbian Inventor

Zoroaster
(500 - 583 BC)
Persian Prophet
& Founder of
Zoroastrianism

THE UNITY-BASED TERRAIN (Infinity)

There are only small numbers of people at the Unity-Based Terrain, for this is the Terrain of enlightened Masters. We have included here sages, spiritual masters, saints, medicine men, gurus, mystics and yogis. They were all awakened to I AM and shared an embodied knowing of Infinite Consciousness as All That Is.

To learn more about the Unity-Based Terrain (Infinity) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT INFINITY

Meher Baba
(1894 - 1969)
Indian Spiritual Master

Sai Baba of Shirdi
(1838 - 1918)
Indian Saint

* Gautama Buddha
(480 - 400 BC)
Indian Sage
(At Infinity when he died, saying "Follow no leader")

Black Elk
(1863 - 1950)
Sioux Indian Medicine Man

Rabbi Israel ben Eliezer (The Besht)
(1698 -1760)
Founder of Hasidism

St. Francis of Assisi
(1181 - 1226)
Catholic Friar

* Jesus of Nazareth
(~7BC - ~30 AD)
Central Figure of Christianity
(At Infinity when he was crucified)

Swami Mukdananda
(1980 - 1982)
Indian Hindu Guru

Michel de Nostradamus
(1503 - 1566)
French Apothecary

* Padre Pio
(1887 - 1968)
Italian Catholic Friar & Saint
(At Infinity in his elderly years)

Paramahansa Yogananada
(1893 - 1952)
Indian Yogi

Ramana Maharshi
(1879 - 1950)
Indian Hindu Guru

Nisargadatta
(1897 - 1981)
Indian Mystic

Osho (Bhagwan Shree Rajneesh)
(1931 - 1990)
Indian Sage

Sri Ramakrishna
(1836 - 1886)
Indian Mystic

THE VOID-BASED TERRAIN (No-Thing)

Because of their extreme inner-directedness, very few Beings fully expanded to the Void-Based Terrain have chosen to be known to the world. What these immortal Beings have in common is that they have cleared all charge from their field so that they are no longer limited by any beliefs or stories, or indeed by any 'thing'. They exist permanently in the Siddhic state of BEINGHOOD.

To learn more about the Void-Based Terrain (No-Thing) read our book 'Introducing The Ten Terrains Of Consciousness'

FAMOUS HISTORICAL FIGURES AT NO-THING

Master Babaji

Shifted to No-Thing during his current human lifetime as an Indian Mahavatar (~203 AD onwards)

* Master Milarepa

Shifted to No-Thing after his final incarnation as Tibetan Yogi & Poet, Jetsun Milarepa (1052 - 1135)

* Master Jesus

Shifted to No-Thing after his resurrection in his final incarnation as Jesus of Nazareth (~6BC - 30 AD)

* Master Pio

Shifted to No-Thing after his final incarnation as Catholic Priest, Padre Pio (1887 - 1968)

* Master Lao-Tzu

Shifted to No-Thing after his final incarnation as Chinese Philosopher, Lao-Tzu (604 - 531 BC)

* Master Paul The Venetian

Shifted to No-Thing after his final incarnation as Italian Renaissance Painter, Paolo Veronese (1528 - 1588)

CONCLUSION

This free Booklet has given you a visual story of the ten Terrains of Consciousness in action. We hope you have enjoyed your tour through history!

You may find that reading this has raised lots of questions for you about the Ten Terrains...

I WANT TO KNOW MORE! WHERE DO I START?

If you would like to understand the Ten Terrains of Consciousness, we summarise the entire Model very clearly in our short, easy to read book **'Introducing The Ten Terrains Of Consciousness'**. This is the perfect place to start learning about Terrains of Consciousness.

We also explain the Ten Terrains Model in many presentations, articles, videos, interviews, workshops and other spoken and visual media. You can find these at **www.tenterrains.com**.

Make sure to check out our **YouTube Channel**, where we post many short, entertaining videos teaching the Terrains. For example, we apply the Terrains Model to popular movies and books, discuss current events in terms of Terrains, and interview well-known people at different Terrains.

We also offer our very useful **'Terrain Mapping Series'**. These are short, practical pamphlets in which we list the Terrains of things such as health & healing modalities, music, products, etc. Once you know YOUR Terrain, you can look through these lists to find tools at your Terrain.

The more of this material you absorb, the better you will understand the Ten Terrains Model and the more you will be able to use it to successfully navigate your world.

I WANT TO GO DEEPER!

If you would like to have a deeper understanding of the Ten Terrains, you can study our complete body of work **'Mastering The Ten Terrains Of Consciousness'**. With over 1000 pages of content, this is the foundational material required to fully understand this Model.

For those who have read 'Mastering The Ten Terrains', we offer a series of booklets, **'The Ten Terrains of Consciousness Applied'**. These illustrate how the ten Terrains play out in specific areas of human life, such as health, relationships, sex, money, politics, personal growth, science, the environment, art, pop culture, and death.

We also have two **even deeper** books for people who have read 'Mastering The Ten Terrains': **'Resolve Conflict - Using The 10 Terrains of Consciousness'**, and **'Understand Evolution - Using The 10 Terrains Of Consciousness'**.

For those of you who wish to go even further with this Model and use it in **your own work**, we also offer **Terrain Mapping™ Certification Programs**. These programs will train you in how to apply the Ten Terrains Model to people, groups, political events, cultures, civilzations, situations, interpersonal dynamics, art, music, film, ideas, products, and systems, etc., so that you can advise your clients on every aspect of their lives and their business.

The Ten Terrains of Consciousness Model is offered to you from a place of humility and service. We are grateful to have been the messengers to bring this Model to you. May it awaken in you a wonder at the richness of human existence. May it give you understanding of yourself and others, and compassion for our world. And may it help you on your evolutionary journey.

~ Allen David Reed and Tahnee Woolf

TO DISCOVER
YOUR
TERRAIN OF CONSCIOUSNESS

do our

TERRAIN ANALYSIS QUESTIONNAIRE!

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all about your Terrain
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BONUSES!

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THE TEN TERRAINS
OF CONSCIOUSNESS

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